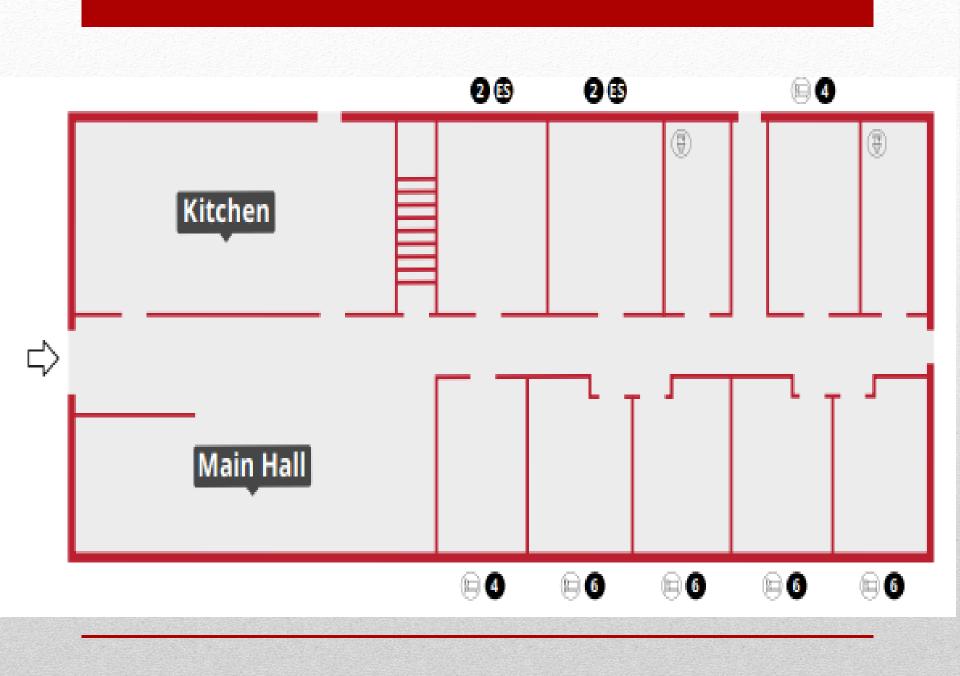
Great Tower



- Arrive at normal time!
- Office and Hall
- Money and Medicine
- Saying goodbye

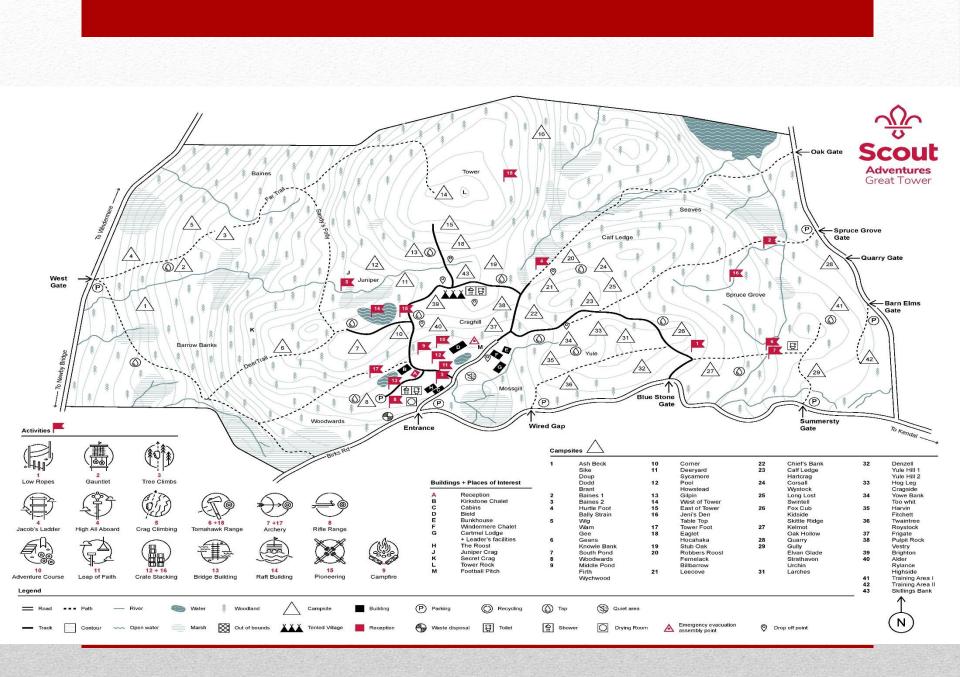
Monday

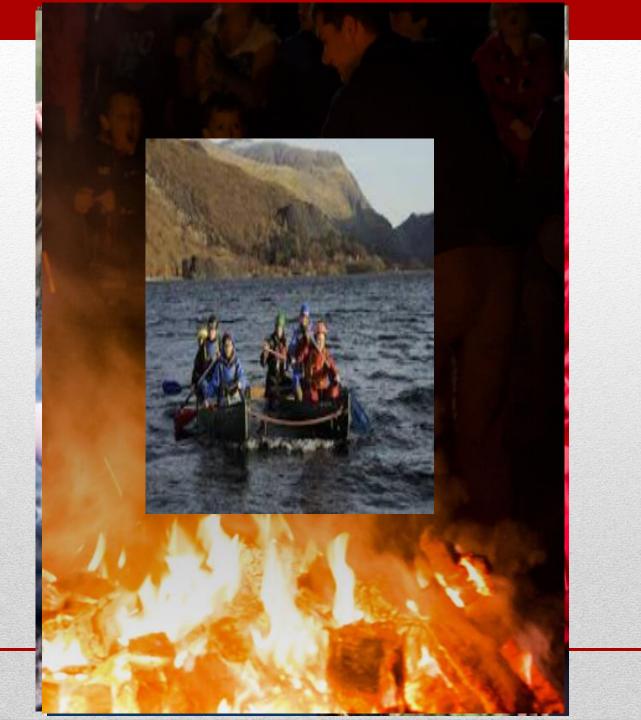






Breakfast 8 am	Lunch 12.30pm	Dinner 5.30pm
N/A	N/A	Chicken Burger, chips and Salad
		Veggie Burger, chips and Salad
		**
		Sprinkle Cake /Yoghurt/Fruit
Sausage, Hash Browns and	Baguette with choice of Filling	Margherita Pizza with Tomato Pasta and Salad
Beans	å	***
&	Crisps, Fruit, Cakes/Biscuit	Chocolate Brownie with cream
Cereal, Yoghurt, Toast, Fruit		
and Fruit Juice		
Pancakes, Maple syrup and	Sausage Roll, Beans and Sliced	
Fruit Compote	Bread	Chicken Fajitas with Potato Wedges
&	Or	Mixed bean & Vegetable Fajitas with Potato Wedges
Cereal, Yoghurt, Toast, Fruit	Sandwich	***
and Fruit Juice	with choice of Filling	Ice Cream
	å	
	Crisps, Fruit, Cakes/Biscuit	
Sausages, Hash Browns and	Jacket Potato	
Beans	Or	Pasta Bolognaise with Garlic Bread
&	Sandwich	Vegetable Bolognaise with Garlic Bread
Cereal, Yoghurt, Toast, Fruit	with choice of Filling	**
and Fruit Juice		Chocolate Rice Crispy Cake Yoghurt/Fruit
	å	
	Crisps, Fruit, Cakes/Biscuit	
Pain au Chocolate	N/A	N/A
å		
Cereal, Yoghurt, Toast, Fruit		
and Fruit Juice		









- Raft Building
 - Campfire
 - Archery
- Backwoods Cooking
 - Orienteering
 - Rafted Canoeing
 - Leap of Faith
- Tomahawk Throwing
 - Shelter Building
 - Crate Stacking



Great Tower